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ProTrainings, An Industry Body for First Aid Training, hereby certifies that

MATTHEW HOPE

has successfully completed Sports First Aid Level 3 (VTQ) Training

This certification includes the following objectives and is consistent with national guidelines, current ERC/UK Resus Council, HSE guidelines and delivered in Accordance with Currently Accepted First Aid Practice

- Fears of First Aid
- Recovery Position
- Adult, Child, Infant CPR
- Heart Attack and Stroke
- Bleeding Management
- Choking Management
- Dental & Minor Injuries
- Head and Eye Injuries
- Seizures & Burns
- Heat and Cold Emergencies
- Allergic Reaction
- Spinal Injury, Strains and Sprains
- Fractures & Dislocations
- Illnesses & Injuries
- Cramp and exercise

Date Issued: 24 Oct 2023 **Renewal Date:** 23 Oct 2026

Certificate Number: 169807003231479

Instructor: KEITH SLEIGHTHOLM

Validate Cert

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